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**edgep&c**



# Edge Hill State School Tuckshop Menu 2018 Term 2

Convenor: Dorit Pagliari

Assistants: Tanya Hicks and Mary Luki

Phone: 4037 9572

Opening Times

*Breakfast items and Lunch Orders 8:00am—9:00am*

*1st Lunch: 11:00am—11:35am*

*2nd Lunch: 1:35pm—1:50pm*

If your child has an allergy or a food intolerance, please discuss this with Dorit—our Tuckshop Convenor.

## To Order

Lunch orders in **bags** are to be taken to the Tuckshop in the morning **by 9am**.

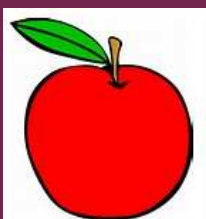
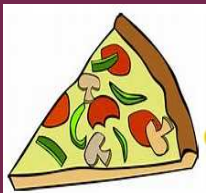
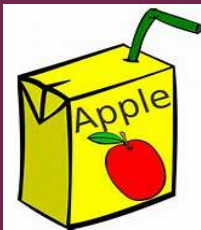
Please write your child's **name, class and order** on the bag with **black or blue pen**. Please no pencil or red pen.

## OR

Order easily **online** at

**[www.flexischools.com.au](http://www.flexischools.com.au)**

(call 1300 361 769 for any online ordering issues)





All items marked with a heart are made fresh in our Tuckshop

### Bread

All our sandwiches and toasties are made on your choice of **white**, **multigrain** or **wholegrain** bread baked daily by our local baker

### Sandwiches

Vegemite, Jam, Honey	\$2.00
Egg and Mayo	\$3.00
Egg, Mayo & Lettuce	\$3.50
Cheese	\$2.00
Cheese & Tomato	\$2.50
Ham & Cheese	\$3.00
Ham, Cheese & Tomato	\$3.50
Chicken, Mayo & Lettuce	\$3.50
Salad	\$4.50
Salad & Meat (Ham, Chicken or Tuna)	\$5.00

### Salad Bowls

Fresh yummy salad ( leafy mix, cherry tomatoes, Carrot, cucumber, beetroot & alfalfa) 4.50

With your choice of protein ( ham, chicken, egg, tuna or baked crumbed fish) \$5.00

### Basic Lunch Bag \$4

Basic sandwich ( jam, honey or Vegemite)

1 x fruit and

1 x small popper

## Breakfast

Every day from 8am

1/2 a Jaffle	\$1.00	
Tuck Muffin	\$1.50	
Muffin	\$1.00	
Cup of Juice	50c	
Warm Milo	50c	

### Toasties

Cheese	\$2.00
Ham	\$2.50
Cheese & Tomato	\$2.50
Ham & Cheese	\$3.00
Ham, Cheese & Tomato	\$3.50
Chicken	\$3.00
Chicken & Cheese	\$3.50
Chicken, Cheese & Tomato	\$4.00
Tuna & Cheese	\$3.00

### Snack Wraps

All wraps come with lettuce, carrot, tomato & whole egg mayo

Ham / Tuna / Egg or Salad	\$3.00
Sweet Chilli Chicken	\$3.50

### Half Large Wraps

Leafy Mix salad with your choice of ham, tuna, chicken or egg \$5

### Toasted Wraps

All wraps come with lettuce, carrot, tomato & cheese

Ham / Tuna / Chicken / Egg \$5

## Everyday Hot Food

Pizza Bread \$1.00 	Home made spinach and fetta rolls \$3.00 	
Cheesy Garlic Bread \$1.00 	Hot Dog \$3.00	Macaroni & Cheese \$4.00
Nachos, Salsa & Cheese \$3.00 	Corn Cob \$1.00 	Lasagne \$4.00
Garlic Bread 50c 		
Home Made Pizza Scroll (ham & cheese) \$1.00 		
Home Made Cheesy Garlic Scroll \$1.00 		
Ham & Cheese Slice with salad \$6.00 (ham, zucchini, carrot, cheese) 		
Vege Slice with Salad \$6.00 ( zucchini, carrot, coriander & cheese) 		
Veggie Burger with full salad \$5.00	Fish Burger with full salad \$5.00	

# Daily Specials

All specials are \$5

- Monday**
- \* Home Made Hawaiian Pizza (ham, pineapple & cheese) ❤️
  - \* Home Made Meatlovers Pizza (ham, salami & cheese) ❤️
  - \* Home Made Margherita Pizza—Vegetarian (pizza sauce & cheese) ❤️
- Tuesday**
- \* Chicken Schnitzel Burger (oven baked chicken with lettuce, tomato & mayo)
  - \* Cheese Burger (meat patty, tomato sauce, lettuce & cheese)
- Wednesday**
- \*Sushi—Chicken & Mayo, ❤️  
Tuna & Mayo or ❤️  
Veggie (carrot, cucumber & mayo) ❤️
- Thursday**
- \* Crumbed Fish & Wedges - oven baked served with tomato sauce & salad ❤️
  - \* Toasted Beef Burrito (with lettuce, cheese & grated carrot) ❤️
- Friday**
- \* Lite Beef Pie & sauce
  - \* 4 Party Pies & sauce
  - \* 4 Mini Quiche
  - \* Jacket Potato (with choice of garlic butter, ham, baked beans, or Mexican beef—all topped with cheese and bechemal sauce) ❤️

## \$8 Meal Deal Includes

- \*1 x Daily Special Meal
- \* 2 x 150ml juice popper OR 1 x 300ml plain milk
- \* 1 x piece of fruit
- \*1 x snack ( choose from \*Cheese & Bikkies, \* Yoghurt Tub,  
\* Vegemite & Bikkies, \*Muffin, \*Corn Cob,  
\* Veggie Pack \* Boiled Egg or \* Fava Beans)

# Yummy Snacks

Seasonal Fruit	\$1.00	Cheese & Jatz	\$1.50
Seasonal Fruit Salad	\$2.00 	Popcorn	\$1.00
Fava Beans	\$1.00 	Eda Mame (soy beans)	\$2.00 
Fresh Veggie Pack	\$1.00 	Vegemite & Jatz	\$1.50
Freshly Made Muffin	\$1.00 	Gingerbread Man	\$2.00
Boiled Egg	\$1.00 	Yoghurt Tub	\$1.00
Cob of Corn	\$1.00 		
Magic Choc Berry Muffin (gluten free)	\$2 		

## Save time, order online!

Flexischools is a great online system to make the ordering of lunches easier and more convenient. Order at a time convenient to you in the morning, night before, or weeks in advance! No searching for cash required. It's already paid online. Teach students healthy eating in a fun way. Order from home or work

**It's so easy!**

Go to the Flexischools website

Click 'Register now' to create account

Top-up your balance

Start ordering immediately

## About Our Tuckshop

Our Tuckshop is provided by the school P&C Association. All profits raised from our Tuckshop are invested back into resources for our school.

Our paid convenor and her assistants are all mums of children at our school.

This hard working team are committed to providing our school community with convenient and healthy options for lunch. If you have any ideas or feedback please feel free to pop in and have a chat or email

us at [dpagl1@eq.edu.au](mailto:dpagl1@eq.edu.au)

## Drinks

Up & Go (Choc, Banana, Vanilla, Strawb)	\$2.00
Large Popper Juice	\$2.00
Milo 200ml	\$2.00
Flavoured Milk 300ml	\$2.50
Bottle of Water	\$1.50
Plain Milk 300ml	\$1.50

## Frozen Treats

Frozen Yoghurt (mango / strawberry)	\$2.00
Frozen Pineapple	\$1.00
Frozen Juice Cup (apple / orange)	.50c
Frozen Flavoured Milk Cup	\$1.00
Quelch 100% Frozen Juice Sticks	.50c
YoMyGoodness Frozen Yoghurt	\$3.50
(Salted Caramel, Coconut—100g, Gluten Free, made from milk and natural yoghurt)	